SURFING ELECTIVE PERMISSION FORM
2hr Lesson conducted by Out There Outdoor Activities

Your child has elected to participate in the surfing elective on Tuesday 3rd February whilst on YR11 Study Camp.

Surfing is an adventure activity that occurs in a unique and changing outdoor environment. Due to the unique nature of each surfing location, a risk assessment of the venue will be conducted by Out There Outdoor Adventure staff prior to the commencement of the 2hr lesson. The lesson will be instructed by qualified staff from Out There Outdoor Adventure. Two Gleneagles staff experienced in surf conditions will also be in attendance to assist with supervision and student behaviour.

Equipment provided for the lesson includes a full length wet suit and a soft beginner surfboard complete with leg rope. Life jackets are available upon request or if deemed necessary by instructor. At the beginning of the lesson Out There Outdoor Adventure staff will take the students through a safety briefing (including identification of rips and rocks and how to signal for help), a physical warm up, skill instruction and skill practice on shore. Students are then taken in to the water for a water based skill practice of board paddling and wave catching prior to attempting to stand up.

Prior to participation in surfing it is necessary for Gleneagles staff to have knowledge of your child’s swimming and water safety abilities.

If your child wishes to be able to participate in surfing please indicate on the table below their skills and knowledge with regard to swimming and water safety:

<table>
<thead>
<tr>
<th>Skill / Knowledge</th>
<th>Please indicate with a [✓] if your child is able to complete the skill / knowledge</th>
<th>Parent Signature</th>
</tr>
</thead>
<tbody>
<tr>
<td>50m swim</td>
<td>[ ] YES [ ] NO</td>
<td></td>
</tr>
<tr>
<td>Sculling / floating / treading water for five minutes</td>
<td>[ ] YES [ ] NO</td>
<td></td>
</tr>
<tr>
<td>Emergency communication signals</td>
<td>[ ] YES [ ] NO</td>
<td></td>
</tr>
</tbody>
</table>

I give permission for my son / daughter to participate in surfing on Tuesday 3rd February

Parent Signature: ____________________________ Date: ____________

**Students will not be permitted to participate in surfing without signed parent consent**

Jo Tippett  
Senior School Leader

Sue Peddlesden  
Principal
POOL SWIMMING PERMISSION FORM

Whilst on the YR11 Study Camp students will have the opportunity during recreation time to swim in CYC The Island’s outdoor swimming pool. The pool is similar in nature to a residential pool; it is shallow at one end and deep at the other and is approximately 10m in length. All recreation pool swim sessions will be supervised by qualified staff. Clear safety expectations will be explained at the beginning of each session; any student who is identified as not following the safety instructions will be removed from the pool area.

Prior to participation in swimming it is necessary for Gleneagles staff to have knowledge of your child’s swimming and water safety abilities.

If your child wishes to be able to participate in recreational swimming please indicate on the table below their skills and knowledge with regard to swimming and water safety:

Student Name: ____________________________________________________________

Mentor Group: ____________________________________________________________

<table>
<thead>
<tr>
<th>Skill / Knowledge</th>
<th>Please indicate with a [ ] if your child is able to complete the skill / knowledge</th>
<th>Parent Signature</th>
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<tbody>
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<td>YES [ ] NO [ ]</td>
<td></td>
</tr>
</tbody>
</table>

I give permission for my son / daughter to participate in supervised recreational pool swimming whilst on the YR11 Study Camp at CYC The Island from Monday 2nd Feb – Wednesday 4th Feb 2015

Parent Signature: ___________________________________________ Date: ______________

** Students will not be permitted to participate in recreational pool swimming without signed parent consent

Jo Tippett
Senior School Leader

Sue Peddlesden
Principal