IMPORTANT DATES TO NOTE

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<td>Year 9 CBD Experience</td>
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COLLEGE PRINCIPAL’S REPORT

CBD EXPERIENCE
Next week, all the Year 9 students will participate in the CBD Experience. This five day program is an opportunity for students to experience the many wonderful attractions and features of our great city of Melbourne. It is important to ensure that money is loaded on to Myki cards before Monday, 27th May (total transport cost for the week will not exceed $29.60). Students need to make sure they are aware of their meeting places and always allow plenty of time for train travel. Students are to present to their supervising teacher no later than 9.00am each day. Teachers will be supervising two different train services on the Pakenham line each morning to cater for the various arrival times. Students must bring appropriate work books and wear the full school uniform at all times (non school uniform items will be confiscated for the week). On days when students are participating in the Rod Laver Arena tour and tennis lesson, they are allowed to wear their PE uniform for the entire day (provided the uniform is complete and in good order).

Students not attending the CBD Experience are expected to attend school as per usual. Please check the college website for information on supervised trains and student activity timetables. For any other queries regarding the CBD experience week, please contact Adrian Mascia or Cherrin Morrissey, the CBD Co-ordinators.

REPORT WRITING DAY
A student free day has been scheduled for Friday 14th June. Gleneagles staff will use this day for correction and reporting. There will be no students attending on this day.

EXCURSIONS
All excursion notices have a date by which payment must be received. This allows the school to confirm bookings at venues and with transport, as well as draw cheques for payments. Please ensure you pay by the date required to avoid disappointment. All excursion notices are available on the college website under the Events tab.

‘UV BELOW THREE – SAFE TO GET SOME VITAMIN D’
As schools and early childhood services across Victoria prepare for the onset of the winter months, SunSmart is encouraging everyone to get some sun exposure during their week to help with vitamin D levels. Although ultraviolet (UV) radiation from the sun is the main cause of skin cancer, it is also the best natural source of vitamin D; essential for strong bones, muscles and overall health. Sun protection is required when UV Index levels reach three and above. In Victoria, average UV levels fall below three between May and August, making it a great time to get outside for some sun to help with vitamin D levels. Actions required:

- Check UV levels for your area by visiting the SunSmart UV Alert in the weather section of your daily newspaper or at www.sunsmart.com.au/ultraviolet_radiation/sunsmart_uv_alert
- Download the free SunSmart UV Alert widget (http://www.sunsmart.com.au/default.asp)
- Download the SunSmart smartphone app (http://www.sunsmart.com.au/resources/sunsmart-app)
- For further information call SunSmart on Tel 9635 5148 or see: www.sunsmart.com.au

Sue Peddlesden, Adele Duffy, Kathie Toth & Paul Thorne

STUDENT ACTIVITIES COMMITTEE - FREE DRESS DAY
Wednesday, 22nd May was a free dress day, organised by the SAC Committee. The amount raised on the day was $1,756.00 and the funds will go to the State Schools Relief Fund. The SAC Committee conducted a survey of Year 7-9 students to determine the theme and “trackie day” was the most popular theme. Students and teachers enjoyed a day of warm and comfy clothes with their friends. A Teachers vs. Students Trivia event was held at lunch time and there was a great turn out. ‘The Terrific Teachers’ were very competitive against the students and took out the prize. Thank you to all the SAC members for organising and running the event.

SAC Committee
YEAR 8 LOTE GERMAN EXCURSION
On Wednesday, 15th May the Year 8 LOTE German students attended an excursion to the Cuckoo Restaurant in Olinda. The Cuckoo Restaurant was amazing. The waitresses wore the most adorable Dirndl and the German music was really nice. My most memorable moment was the dancing. The chicken dance was fun and the Polonaese (congo) dance was the best. The excursion was so much fun, I really want to go again next year as well. I hope the Year 8 students next year have as much fun as we did this year.

By Heela Mayar 8A

YEAR 8 LOTE INDIonesian EXCURSION
On Wednesday, 15th May the Year 8 LOTE Indonesian students spent the day learning about Indonesian culture and food in the city and Hawthorn. First stop was the Indonesian consulate on St Kilda Road. Students met Pak Poediono who showed some traditional dance moves and talked about the great reasons to learn Indonesian.

The students were invited to join in a traditional Javanese Gamelan orchestra, where they played gongs, drums, and xylophones of varying sizes and sounds. We were all excited to meet Indonesian people and learn outside the classroom. The students enjoyed creating traditional rhythms by clapping and being part of the [traditional Javanese] orchestra.

Next stop was Nelayan, a restaurant serving traditional Indonesian dishes, in the heart of Hawthorn. On the menu were dishes like fried chicken and fish, beef rendang curry, sweet and sour potatoes and chilli chicken all served with rice. Students were given the choice of three dishes and many of them enjoyed trying out the Indonesian phrases to ask for what they wanted with great success.

Dessert was a choice between two authentic Indonesian foods, es cendol and ketan hitam (loosely translated as rice flour pieces with coconut milk and sticky black rice pudding respectively). Using their new knowledge of Indonesian tastes and culture, the students are this week preparing their own traditional Indonesian menus to present to the rest of the class.

By Year 8 LOTE students

BOOK CLUB
The Book Club members recently shared their favourite childhood reads. Can you remember what your favourite book was when you were younger? Maybe it was that tattered old thing you carried around and made your parents read to you over and over again. Our Book Club members had lots of fun sharing the books that they loved the most as young children. There were even a few loved titles that were shared by students. Next week we are going to select lots of new graphic novels for the library.

Lynne Moller, Library Co-ordinator

BOXERCISE
WEDNESDAY MORNINGS, 7.30AM
All students are invited to come along to the free fitness club and boxercise class on Wednesday mornings! Starting at 7:30am in the gym, students will work through a range of boxercise and fitness workouts, followed by a cereal breakfast, finishing at 8:15am.

Come along and join in! You will need a separate change of sports clothes. See you there at 7.30am!
Try a Trade Expo Excursion
On Tuesday 21\textsuperscript{st} May a group of Year 10 students attended the annual Try a Trade Expo at Cranbourne Racecourse. There were representatives from most major trades; training providers including Chisholm Institute, William Angliss, AIG and Link Employment and Training. There were lots of hands on activities including changing tyres, making a brick wall, metal machining, laying paving, carpentry/woodwork, cake decorating, hairdressing and beauty and plumbing pipes. Here are some of the photos on the day.

Jack Knox 10D, Daniel Humbert 10C, Anthony Vargas 10C, Jordan Ally 10D

Miriam Greig 10I and Katrina Arnel 10A

Daniel Von 10F

Computer Games Boot Camp
Applications are now open for the annual Monash University Faculty of IT Computer Games Boot Camp during the July school holidays at the Clayton campus – Saturday 6\textsuperscript{th} to Friday 12\textsuperscript{th} July (10.00am to 6.00pm) for Year 9-12 students. It is free, however you must register and places are limited. Activities include digital imaging, programming, film, 3D and visual effects, Sound production, games and application development, flash animation. Go to: http://it.monash.edu/cgbc

University of Melbourne events for VCE students
The University of Melbourne is holding ‘Focus on’ course seminars at the Parkville campus from 6.30 to 8.00pm:

- Tuesday 28\textsuperscript{th} May工程学和IT
- Wed 5\textsuperscript{th} June科学

This is a good opportunity for both year 11 and year 12 students to meet the University teaching staff and current students, find out about the course structure, subjects and majors and view the facilities.

Career Evening in Sports Medicine
Olympic Park Sports Medicine Centre is having its annual Careers evening on Wednesday 19\textsuperscript{st} June. It costs $25 per student (Parent or guardian no charge), Career information on the night will include Nutrition, Physiotherapy, Podiatry, Massage therapy, Exercise Physiology, Sports Medicine, Psychology.

- Practitioners from each discipline will give a short talk and there will be time for questions and information/stalls.
- Register at www.trybooking.com/CSIP
- Registration at 6.30pm, 7.00pm-9.00pm event
- AAMI Park Stadium, 60 Olympic Boulevard, Entrance F, Gate 4, Olympic Room 3.

Year 10 Independence Day at Monash
Monash University is holding a special afternoon for year 10 students on Thursday 4\textsuperscript{th} July (during school holidays) from 12 noon to 3.00pm at the Clayton campus (Campus centre building 10). Register at: http://monash.edu/study/options/schools/year10.html

The sessions will help you to choose your VCE subjects for next year and include: selecting a tertiary course and University, pre-requisites subjects for University study, information about the VCE, Faculty workshops and tours.

Winter School – Short Courses at the VCA
The Victorian College of the Arts (University of Melbourne) is offering a range of short courses (suitable to VCE students) in Dance, Acting, Film and Television, Music and Music Theatre during the July school holidays. Some programs are for five days. For more information and to book, go to the website: http://vca-mcm.unimelb.edu.au/shortcourses

Chris Wood, Careers Co-ordinator
In the past Term and a half, Student Voice has been meeting every Tuesday lunch time to discuss and action ideas in order to create a better school for students and teachers alike.

The following has been happening:

- Survey of Year 10 students during home group to ask them about their views on the current sport and PE uniform restrictions and whether or not they should be changed. The surveys suggested that the majority of these students would like to wear their PE uniform home if they have sport in the afternoon. The results have been compiled and are ready to be shown to the Principal team.

- A ‘voice your opinion’ box was created and is now located in the library – the aim is to get students in all Year levels to voice their opinions about what they would like changed/improved at school. All suggestions/ideas will be discussed at Student Voice’s weekly meetings.

- Student Voice now has its own logo designed by the Year 9 Graphic Design class. We believe this represents the voice of the student body (see above).

- The Graphic Design class have also created posters with photos of members of Student Voice on them. These posters will be placed around the school so all students know who represents them and who they can go to with suggestions and for advice.

- Student Voice members were surveyed by the City of Casey to improve youth facilities within the community. There is now also the chance for members to be involved in the Casey Youth Council.

- We are working on a student newsletter which will initially be produced once a Term – it will be a newsletter for the students by the students.

- We look forward to continue to benefit the school community and developing your ideas, remember, “Be the change you wish to see in the world.”

Student Voice Team

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PFA (Parents and Friends) of Gleneagles
Next Meeting Wednesday, 5th June 2013
7:30pm - 8:30pm

Come along and meet other parents. Let’s have a coffee and share some ideas. We are considering a Gleneagles Family or Community Market Day.

Come along to our next meeting and have your say about it. We plan to talk about projects we could undertake this year. Bring along some ideas to talk about.

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2013/2014 ENTERTAINMENT BOOK

The 2013/14 Entertainment Books are available at the Bursar’s office to purchase for $65.00.

Visit the College website to download a copy of the Entertainment Book order form, or order online at:

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INDOOR FITNESS (FOR LADIES) & OUTDOOR FITNESS (MIXED)

Are you ready to meet a new, fitter and healthier you? These workouts are fun, energising and motivating. No two workouts are the same!

- Indoor Group Training Workouts
  (for Ladies)
  Simone has a Diploma in Fitness and a wealth of experience in running Group Training Workouts
  Wednesdays 5.45am-7.15am, Fridays 6.00am - 7.30am (Join in for 30 mins or longer, your choice)
  Held in the gym at Gleneagles
  To book your first session call Carol on Mob 0414 694 765

- Outdoor Boot Camps (Mixed)
  (for those who love the outdoors)
  Kat is an experienced Personal Trainer with a Certificate in Outdoor Boot Camp Training
  Wednesday 5.00pm-5.45pm, & Saturday 9.00am-9.45am
  Held at Frog Hollow Reserve in Endeavour Hills
  To book your first session call Kat on Mob 0434 720 439

These Indoor & Outdoor Fitness sessions cater for beginners through to advanced and all ages.

Trial Offer .... 1st session only $10
Email: carolbosward@bigpond.com
Call or email today – Limited spots!!