IMPORTANT DATES TO NOTE

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Monday 28th October</td>
<td>- Year 11 Biology Excursion</td>
<td>Monday 18th November</td>
<td>- Year 11 exams (18/11 – 22/11)</td>
</tr>
<tr>
<td></td>
<td>- Year 9 Global Leadership</td>
<td></td>
<td>- Year 10 exams (18/11 – 22/11)</td>
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<tr>
<td>Tuesday 29th October</td>
<td>- Excursion - Junior Bandfest</td>
<td>Wednesday 20th November</td>
<td>- Year 8 Camp, Lorne (20/11 – 22/11)</td>
</tr>
<tr>
<td>Wednesday 30th October</td>
<td>- VCE Exams start (30/10 – 21/11)</td>
<td>Monday 25th November</td>
<td>- Year 9 exams (25-26/11)</td>
</tr>
<tr>
<td>Friday 1st November</td>
<td>- Year 7 Humanities Excursion (7I,K,L,H,J,G)</td>
<td>Wednesday 27th November</td>
<td>- Year 7 2014 Information Night, 7.00pm</td>
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<td>- Orientation Day for 2014 Integration</td>
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<td></td>
<td></td>
<td></td>
<td>Students</td>
</tr>
<tr>
<td>Tuesday 5th November</td>
<td>- Melbourne Cup Day – Public Holiday,</td>
<td>Thursday 28th November</td>
<td>- Year 8 students to Monash Berwick</td>
</tr>
<tr>
<td></td>
<td>no school</td>
<td></td>
<td></td>
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<tr>
<td>Thursday 7th November</td>
<td>- Year 9 Humanities Excursion</td>
<td>Tuesday 3rd December</td>
<td>- SEAL Orientation Day for Year 7 2014</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>students</td>
</tr>
<tr>
<td>Monday 11th November</td>
<td>- Year 9 Outdoor Ed Surfing</td>
<td>Saturday 7th December</td>
<td>- Gleneagles Market Day, 10.00am – 3.00pm</td>
</tr>
</tbody>
</table>

COLLEGE PRINCIPAL’S REPORT

ATTENDANCE

A reminder that Monday, 4th November (the day before Melbourne Cup Day) is a school day and all students are expected to attend school. If your child does not attend, they must bring a note of explanation and give it to their Home Group teacher on Wednesday 6th November.

YEAR 12 GRADUATION DINNER & PRESENTATION NIGHT

On Wednesday night, the Year 12 Graduation Dinner was held at the Cardinia Cultural Centre, Pakenham. This was a very enjoyable evening where members of the 2013 Year 12 cohort were formally recognised.

Congratulations to the Year 12 students on the culmination of six years of secondary schooling and for the respectful celebrations held on their final day.

We wish to acknowledge the support that has been ongoing from the Senior School Team led by Jo Tippett (Head of Senior School), Balbir Singh (Year 12 Team Leader), the VCE teachers and indeed all the teachers who have taught these students throughout their time at Gleneagles.

Parents and families should also be recognised for their support and encouragement. We wish our Year 12 students all the best for the November examination period. Whilst some students have already undertaken LOTE Oral and written examinations, the majority of our students will begin the examination period with the English and EAL paper on Wednesday, 30th October.

The full list of VCE Graduates is on Page 5 of this newsletter.

Congratulations to the following award recipients:-

<table>
<thead>
<tr>
<th>PRINCIPAL’S AWARD</th>
<th>Jordan Sarkissian</th>
</tr>
</thead>
<tbody>
<tr>
<td>VALEDICTORIAN AWARD</td>
<td>Stefana Doslo</td>
</tr>
<tr>
<td>ADF LONG TAN AWARD</td>
<td>Joshua Tarasenko</td>
</tr>
</tbody>
</table>

YEAR 12 SUBJECT AWARDS:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Recipient</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>Holly Roberts</td>
</tr>
<tr>
<td>Business Management</td>
<td>Edith Tam</td>
</tr>
<tr>
<td>Chemistry, English Language</td>
<td>Fiza Arshad</td>
</tr>
<tr>
<td>Mathematical Methods, Physics</td>
<td>Diandra Giroletti</td>
</tr>
<tr>
<td>Health &amp; Human Development</td>
<td>Jefin Mathews</td>
</tr>
<tr>
<td>IT Applications</td>
<td></td>
</tr>
<tr>
<td>English, History Revolutions</td>
<td>Stefana Doslo</td>
</tr>
<tr>
<td>English as Another Language</td>
<td>Hasan Sultan</td>
</tr>
<tr>
<td>Physical Education</td>
<td>Laura Rigon</td>
</tr>
<tr>
<td>Media</td>
<td>Elena Bertoch</td>
</tr>
<tr>
<td>Music Performance, Studio Arts</td>
<td>Shaun McManhon</td>
</tr>
<tr>
<td>Sociology</td>
<td>Mallory Jane Dunn</td>
</tr>
<tr>
<td>Specialist Maths</td>
<td>Jacky Huynh</td>
</tr>
<tr>
<td>Visual Communication</td>
<td>Jessica Edtmaier</td>
</tr>
</tbody>
</table>
NATIONAL ASSESSMENT PROGRAM – LITERACY AND NUMERACY RESULTS (NAPLAN)
The NAPLAN Parents reports have arrived in the school. Parents can collect their students’ NAPLAN report from the school office at any time during school hours. Any uncollected NAPLAN reports will be posted home with the student’s end of semester report in December.

Sue Pedlesden, Adele Duffy, Kathie Toth & Paul Thorne

LIONS PEACE POSTER COMPETITION FOR 2013
Congratulations to Hana Handukic 7F, for winning first prize for Gleneagles at the Endeavour Hills Lions Club meeting on Tuesday, 15th October. Mary Giannikopoulos 7G, is to be congratulated also for her second placement. Well done, girls! I also wish to extend my thanks to all those students in Year 7 who participated enthusiastically in the completion and Ms Kinnersley for her work in engaging her 7G Art class in the project. It was an excellent effort with a very short timeline. Each year, the Lions Club asks us to enter the competition, along with Maranatha College. The students who win first place from each college then go on to have their posters judged at a regional level. This competition eventually goes on to be judged at an international level. You have to be in it to win it! So good luck, Hana!

The theme for this year is ‘Our World, Our Future’. The caption to accompany Hana’s poster is: ‘The flags mean our world with the countries around us. The eye with the globe represents all of us looking or imagining the world’s future’.

Maxine Foster, Student Wellbeing Co-ordinator

STATE ATHLETICS COMPETITION
Congratulations to Anto Andrijasevic M19, Sue Tominiko 10A and Chris Fenton 9D who represented Gleneagles in the State Athletics Competition at Lakeside Stadium, Albert Park on Tuesday 22nd October. Gleneagles took home two bronze medals which is fantastic! Making it to State level is a huge achievement and Gleneagles is very proud.

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>EVENT</th>
<th>PLACING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anto Andrijasevic M19</td>
<td>U18-20 Shot Put</td>
<td>3rd place with 11.85 metres</td>
</tr>
<tr>
<td>Sue Tominiko 10A</td>
<td>U16 Shot Put</td>
<td>6th place with 9.70 metres</td>
</tr>
<tr>
<td>Chris Fenton 9D</td>
<td>U14 1500m</td>
<td>3rd place with 4.33.78 mins</td>
</tr>
</tbody>
</table>

Miss Turner, PE Teacher

YEAR 10 – STUDY SENSEI SEMINAR
On Wednesday, 16th October, the Year 10 students attended a Study Sensei Seminar. The purpose of this seminar was to help students with the studying process. As a student myself, I know the difficulties of studying. I often find myself asking, ‘How do I study? What is the right way to study?’ Elevate Education taught us how to pull out key points in texts, not just to summarise every sentence.

They explained how to note-take and organise the notes in an ideal way. They told us to use trigger words to remember our notes without writing out a full sentence and the importance of practice papers. They gave a guide to studying, and answered one of the most spoken questions by students ‘What is study?’ This program is a growing success and is extremely helpful in our future exams, and our VCE journey.

By Jazmyn Worrell 10E

GLENEAGLES MARKET DAY
SATURDAY 7TH DECEMBER, 2013
10.00AM - 3.00PM
$100 PRIZE GIVE AWAYS !!
The City of Casey is kindly supporting Gleneagles students who attend this event by providing cash prizes. Each student’s name automatically goes into the draw for the prize.

One name from each Year level (7-12) will be drawn at 12:30pm on the day of the Market. You MUST be there at the time to qualify to win the prize. Looking forward to seeing you and your family at Market Day!

Gleneagles Community - Making Connections
GERMAN EXCHANGE PROGRAM
Ten very enthusiastic students from Gleneagles and Fountain Gate Secondary Colleges participated in the German Exchange program for a month from early September to early October. This experience was by far the most memorable in my life. It extended our speaking skills as we listened to German all day every day whilst trying to communicate with our host families successfully. We had the opportunity to experience the day-to-day school life of a student in Germany and soon discovered that it was very different to school in Australia. Three fantastic excursions had been organised for us which we were grateful for. These included seeing the beautiful Heidelberg (the most scenic view I have witnessed) a castle in Freudenberg (in which our German host partners accompanied us) and Hessen Park (Hessen is the State we stayed in) Saalburg (where we learnt about the ancient Romans). The highlight of the trip for me was the four days that we spent in the country’s capital - Berlin!

Visiting the remains of the Berlin Wall, Checkpoint Charlie, the Brandenburg Gate, Madame Tussauds and Sanssouci’s Palace were among many places we visited during our stay. As the exchange came to an end we said an emotional farewell to our host families and departed the gorgeous country that Germany is.

We arrived home in Melbourne late, last Sunday night 6th October, after a 20 hour flight feeling a mixture of exhaustion and excitement. I know, that I am still talking about this trip and will be for years to come! I made a lot of great friends along the way. In addition, thank you Frau Rajamaki and Frau Carey (from Fountain Gate) for being such supportive and helpful leaders. The trip would not have been possible without your endless hours of effort!

By Mikayla Newton, 10E

MATHS CARNIVAL
On Friday, 18th October, 29 Year 5 students and two teachers from MossgIEL Park Primary School were invited to Gleneagles Secondary to participate in a Mathematics Games morning run by the students of 8A. The primary school students were competing in teams against each other, completing the five different sessions of pencil and paper games devised, researched and run by the students 8A. The first session involved a game of Battleships followed by Bee Hive. The use of calculators was required in the next game called Maze to ensure the winner ended up with the smallest number possible. A lovely morning tea was had by all, where the students could mingle, and continue to challenge each other to another game of Bee Hive.

In the last two sessions, the students competed in Rectangulation and Dots and Boxes. While scores were being tallied, a number of problem solving riddles were completed by the teams to add bonus points to their score. Our students demonstrated great leadership, maturity and peer support during this activity and it was wonderful to see all the students enjoy the activities especially the impromptu Chicken dance at the end. A big thank you to teachers Catherine Cavendon, Kate Hill and parent helper Judy Valk for answering our invitation and of course to the great effort of 8A who spent many weeks preparing for the event, to ensure it ran smoothly on the day. Well done.

Pam Stratford Maths Teacher

Pictured: Joshua Clarke 8A, with Grade 6 students

Pictured: Farid Khoweiss 8A, Ruby Bartlett 8A, Muhammed Khan 8A with Grade 6 students
HMAS CERBERUS OPEN DAY
This Sunday, 27th October is Open Day for the Naval base at Crib Point, near Crib Point on the Mornington Peninsula. It is free. This is the Navy's biggest training base. Enter via South Beach Road (Melways ref 194 D1). There will be food stalls, entertainment by the Military Band, Military Air Shows, boat rides, vintage car and motorcycles, Navy Steam Club and kids activities. Find out about careers in the ADF and recruitment.

EARLY CHILDHOOD SCHOOL BASED TRAINEESHIPS
If you are doing VCAL Year 11 in 2014, you may be interested in taking on a School Based Traineeship in Early Childhood Education where you will combine paid work and study throughout Year 11 and 12 (Cert III in Childrens Services) through Chisholm Institute. There is an Early Childhood SBAT information session at Chisholm Institute, Berwick campus next Wednesday 31st October, 2013 in the Auditorium, to be held from 6.00pm – 7.30pm.

INDIGENOUS SCHOOL BASED TRAINEESHIPS WITH TELSTRA
Indigenous students in Years 10 or 11 may be interested in applying for a School Based Traineeship – study a Certificate II in Business while completing VCAL or VCE. You need to be interested in Business, Retail or Information Technology. See Chris Wood for more information, or contact Courtney (at AFL Sportsready) on Tel 8413 3509.

YEAR 9 CAREER TRANSITION PROGRAM
All Year 9 students continuing at Gleneagles will attend a Career Transition Program on December 6th, 9th and 11th. This is compulsory and includes an introduction to career planning in Year 10 and preparation for Work Experience and Year 11 subject selection. Students will be able to choose one university for a campus experience visit. Other activities include a motivational speaker, safe@work training, pre-employment information and career information sessions.

YEAR 11 STUDENTS
Year 12 is not far away. Start investigating your tertiary course options and pathways for 2015 and make an appointment to see Chris Wood in the Careers Office. There will be a sign up sheet next to the Careers Office door.

PREPARING FOR WORK (STUDENTS AGED 15+)
If you have turned 15 and are looking for casual work, you will need to apply for a tax file number – pick up a form from the Careers Office. The Careers Co-ordinator, Chris Wood can also give you assistance with job seeking, preparing your resume and going for an interview. See Chris at recess or lunch time Tuesday to Friday.

Chris Wood, Careers Co-ordinator

VCE - COPING WITH THE COUNTDOWN
Parents and caregivers are integral in supporting their child through this final period of VCE. It can be a tricky time though, walking the fine line between being a quiet supporter versus providing the right amount of active involvement. The most effective ways a parent/caregiver can offer support are the practical, physical things and to keep a close eye on their son or daughter's mental/emotional health.

Here are some tips:

Health - Physical
- Encourage healthy and regular eating – breakfast is vital, limit junk food/sugar/caffeine/alcohol/drugs of any sort including prescription or non-prescription medication.
- Encourage daily exercise – half hour minimum.
- Encourage adequate water intake – aim for 2 litres per day (tap water is fine).
- Encourage adequate sleep – 8-9 hours, no late night study - it doesn't work!

Health - Mental/Emotional
- Guide, support and encourage your son or daughter. Don’t nag and tell them they will fail if they don’t work harder.
- Take their efforts seriously. Encourage them to believe in themselves and their ability to do their best.
- Let them know you are there when they need you and encourage them to communicate, in particular if they are feeling overwhelmed and/or struggling.
- Keep an eye on their mental health – look for changes in mood, sleeping/eating patterns and/or behaviour. If concerned speak to the school’s VCE coordinator, teacher or member of the wellbeing team or your family doctor.
- Help them keep perspective. Encourage them to do their best but don’t overwhelm them with pressure, expectations or negative comments. Aim for encouragement, praise, support and realistic expectations of their academic performance.
- Remember, people often become supersensitive under pressure and explosive-family members may be the first target. Try not to overreact or personalise!

Study specific
- Set up a study friendly area – quiet, well lit and free from distractions.
- Encourage regular study breaks – stretch, grab a snack, fresh air/power walk.

Other tips
- Encourage your son /daughter to limit gaming/social media time.
- It is still important for your son/daughter to have some relaxation and rest time.
- Encourage your son/daughter to avoid or limit part time work at this time of the year.
- Limit where possible other responsibilities including domestic chores and babysitting.

Helpful websites
http://au.reachout.com/find/articles/exam-time-hints-for-managing-stress
http://au.reachout.com/find/articles/exam-time-hints-for-effective-studying

Support if concerned
✓ Gleneagles Secondary College, VCE staff
✓ Gleneagles Secondary College, Wellbeing staff
✓ Kids Helpline - 1800 551 800 (24 hours, 7 days per week)
✓ eHeadspace – eheadspace.org.au OR call 1800 650 890 (9am to 1am, 7 days per week)

On behalf of the Wellbeing Team, I wish VCE students all the best for their upcoming exams and life beyond secondary school.

Anne Clancy – Adolescent Health Nurse (Tuesday and Friday)
Mohammed Noor Zainel
Marli
Renato
Travis
Cameron
Steven
Celine
Fizza
Vanessa
Shabana
Tamara
Elena
Nathan
Jade
Liam
Mahwish
Virissa
Penny-May
Liam
Daniel
Eda
Ashenafi
Sonia
Esther
Jake
Daniel
Kirsten
Monique
Stefana
Mallory-Jane
Patricia
Jessica
Aaron
Rebecca
Maria
Emma
Steve
Diandra
Alexander
Jessica
Ayme
Rukshar
Kelvin
Jacky
Demet
Frances
Adam
MARKET DAY! 2013

GLENAGLES SECONDARY COLLEGE

Saturday
DEC 7
10.00AM - 3.00PM

Stall info:
Jamel 0413 425 912
jamel@culturaleducation.com.au

ENQUIRIES
www.gleneagles.vic.edu.au

please go to the website for more information

Gleneagles Community
MAKING CONNECTIONS