The examination period began yesterday with the VCE Unit 3/4 English and English as a Second Language exams being held. Students in Years 9 to 11 will begin their exams during November. The Exam Navigator will be distributed to students shortly. This will include timetables for the exam period as well as expectations and guidelines. As students are preparing for their exams, they should use some or all of the following strategies:

1. **Get a good night’s sleep**
Memory consolidation occurs during your deep sleep at night, and a good night’s sleep can help you feel awake, alert and energised the following day. You will need a minimum of eight hours sleep or risk waking up feeling lethargic, groggy and stressed.

2. **Get active**
If you have time to do so, go for a 15-minute brisk walk in the morning to get the blood pumping. The cold morning makes you more alert. If you can’t, try a slightly colder shower in the morning.

3. **Have a healthy, nutritious breakfast**
Breakfast is the meal that “breaks the fast” of dinner to the morning meal. Breakfast is such an important meal to set you up for a big day. Look for some fruit and yoghurt or breakfast cereal that is low G.I. (Glycaemic Index). This will give you the long lasting energy you need to perform well in the exams. Sugar, chocolates etc does not give you long lasting energy.

4. **Drink at least 500ml of water first thing in the morning**
You will wake up dehydrated from the previous night’s sleep and dehydration is one of the most easily avoided concentration killers. Stay hydrated during the exam by taking small sips of water from your drink bottle.

5. **Check that you have all your materials ready the night before the exams**
If you are unsure of what to bring make sure you check with your teacher in the days before the exams. Make sure that you have included plenty of pens, pencils, erasers, put new batteries in your calculator, etc.

6. **Use exam reading time to develop your writing strategy**
Use the reading time effectively and plan in your mind which questions you will start with and how you will start your answers.

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### COLLEGE PRINCIPAL’S REPORT

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### STUDENT LEADERSHIP NOMINATIONS 2013

The campaign launching student leadership opportunities for 2013 will commence on Monday, 5th November and will run for two weeks. Student Voice will be running a workshop on Friday, 9th November to provide assistance in writing applications and give invaluable hints on how to conduct a good interview! Closing date for all applications will be Friday, 16th November. Please go to the college website for further details and to download the application form at www.gleneagles.vic.edu.au

**Positions to be filled:**
Please note these year levels are referring to next year (2013):

- **College Captains** – Year 11 or 12
- **College Deputy Captains** – Year 10 or 11
- **College Junior Captains** – Year 8 or 9
- **College Music Captains** – Years 10-12
- **College Deputy Music Captains** – Years 8-9
- **College Sports Captains** – Years 10-12
- **College Sports Deputy Captains** – Years 8-9
- **College Activities Captains** – Years 10-11
- **College Activities Deputy Captains** – Years 8-9

**Process:**
1. Take note of the posters around the school.
2. Download relevant information about the role and the application form from the college website.
3. Attend the workshop on Friday, 9th November on how to write a good application and do a good interview.
4. Submit application by email to Merryn Molloy by Friday, 16th November.
5. Interview Panels to run in Week 8 and 9.
6. Outcomes of process announced at the Presentation Night.

### ATTENDANCE

A reminder that Monday 5th November (the day before Melbourne Cup Day) is a school day and all students are expected to attend school. If your child does not attend, they must bring a note of explanation and give it to their Home Group teacher on Wednesday 7th November.

**Sue Piddlesden, Adele Duffy, Kathie Toth & Paul Thorne**
On Friday 19th October 2012 I had the great privilege to be with one of the world’s giants in politics, Jose Ramos Horta, the former President and Prime Minister of East Timor. He is just not one of the President’s of ceremonial occasions but a true leader with great academic achievements and who has gained the world’s greatest recognition – The NOBEL PEACE PRIZE AWARD, as his efforts were the main influence in bringing independence from Indonesia.

I had the rare opportunity to even have lunch with Mr. Ramos Horta and to interact with him personally. He shared stories, past experiences and some unsung heroes in his life. His Excellency gave me a real sense of who we are and what our purpose is in this world. If I have learned anything out of this experience, it would be to look beyond the narrow, utilizing the resources to the maximum and to take in the most towards success. He is the ultimate source of inspiration and will always remain as nothing less than that.

Roghin Saravanaraj 9D

CONGRATULATIONS TO LUKE SILVA AND PAUL TOMOIGA

Congratulations to Luke Silva and Paul Tomoiga, Year 8 students on their success in the Science Talent Search 2012 competition.

Luke and Paul were both successful in winning a major bursary at the Science Talent Search Awards Ceremony at Latrobe University on Monday, 29th October 2012. Both students were rewarded for months of hard work in designing complex working models using science.

Luke Silva designed a Programmable Machine, connecting a keyboard to a circuit board and building his computer from scratch showing a deep understanding of binary code. Paul designed a robot using recycled materials, which he programmed himself to write “Hello” using a robotic arm.

Both students displayed their working models at the Science Talent Search Awards function at Latrobe University on Monday, 29th October with great interest from other students, teachers, parents and academics. The head of research at CSIRO spent a lot of time discussing Paul’s model with him and his future career prospects.

Both students were presented with a medal and a cheque as their major bursary award. Luke and Paul voluntarily entered the talent search this year, being self motivated and keen to pursue their interest in electronics and programming. Over 2000 entries were received this year.

With Professor Rob Sheperd of the University of Melbourne Bionics Institute giving the opening address, he inspired Luke and Paul with the application of programming and electronics in the multidisciplinary field of science and research and the development of new products like the Bionic eye. With many careers of Paul and Luke’s generation not having been invented yet, these boys’ understanding and application of science knowledge and skills make them poised for a promising future.

Ms Mullins, Science Teacher

Pictured with Mr Ramos Horta are Dynuk Devamulla, Ayria Rakiposki, Zoe Johnson, Jazz Worrell, Adam Kristani, Laura Gargasz, Eunice Noronha, Roghin Saravanaraj and Marian Janjua

Luke Silva and Paul Tomoiga with their models

Mr Ramos Horta and Roghin Saravanaraj
A SPOOK-TACULAR FREE DRESS DAY

To celebrate Halloween on Wednesday 31st October the Student Activities Committee organised a free dress day in real style! Students came donning their best fancy dress. We had witches, zombies, vampires and a variety other characters. The Pink Panther, Taylor Swift’s Cat and Dorothy and the Scarecrow even stopped in for a visit. Students and teachers alike really got into the “spirit” of the day and raised a sizeable donation for the State School’s Relief Fund at the same time. Students had the opportunity to show off their stuff at a Halloween Disco in the gym at lunchtime and boogie down to the monster mash! Thanks to all who participated in the day and helped to make a memorable free dress day!

Ms Ryder & Miss Boudreau, SAC Co-ordinators

Career Transition Program

Year 9 students have received permission forms for the Career Transition Program in December and slips need to be returned to their Home Group Teacher by mid November. It is a compulsory program for students undertaking Year 10 at Gleneagles in 2013.

Looking for Work Experience Placements 2013

Gleneagles is looking for companies and organisations to take on Year 10 Work Experience students for one week from 17th to 21st June 2013. Next year there will be over 200 students to place. Parents if you own a business (with more than two staff), work in a large organisation or have friends or family who manage a company, can you please consider taking on a Gleneagles student? There is particular interest in engineering, graphic design, fashion, architecture, science, accounting, interior design and all the traditional trades. Please contact Chris Wood on phone 9708 1319 or by email wood.christine.e@edumail.vic.gov.au.

Australia Day Study Tour Award for Current Year 10 Students

The City of Casey runs a fantastic program each year for ten lucky students – a four day all expenses paid tour of Canberra, tour State Parliament in Melbourne and meet local Councillors in the City of Casey. Students must be going on to VCE Year 11 and be aged 16 or older by March 2013. Please let your humanities teacher know if you are interested. Gleneagles can nominate only four students. Nomination forms must be returned to Chris Wood by 16th November and nominees must attend a selection interview on 5th December.

Hospitality Summer School Year 9 – 12 Students

Improve your job opportunities - Hospitality Training Australia runs a Summer school for school students from December to 25th January 2013 at Level 6, 250 Collins Street Melbourne – two days a week for six weeks. You can complete a Certificate in Hospitality (Coffee, Bar and Waiter) for only $105. Register at www.hosptrain.vic.edu.au.

Career Survey – La Trobe University – Year 11 Students

La Trobe University has included a free on-line Career survey on its website. Year 11 students should take advantage of the survey to assess your personality type and career interests before you start Year 12. It is similar to the Career Match survey available through RMIT and the course list will be relevant to other universities. Please go to the website: http://latrobe.custhelp.com/ci/documents/detail/2/ca2012.

Chris Wood, Careers Co-ordinator

On Tuesday 30th October 2012, two Year 10 students and 11 Year 9 students attended a “High Resolves” Global Leadership Summit 2012 which was hosted at Melbourne University. We had the opportunity to listen to five inspirational speakers. We also participated in a leadership challenge in which we were put in small groups and asked to design a poster outlining our ideas on how the leadership program should continue after Year 10. All of the students learned a great deal about leadership and the skills needed to be a leader while having fun and enjoying ourselves

Sarah Tariq, 10G
QUICK QUIZ
From the Year 7 Future Problem Solvers

Below is a Quick Quiz from the Year 7 Future Problem Solvers.

In developing countries........

1. How many primary school age children do not go to school currently?
   Answer:

2. What percentage of women out of 796 million can’t read or write?
   Answer:

3. For every year of education, by what percent does a person’s wage increase?
   Answer:

4. Out of the world’s 1.4 billion people living in poverty, what percent are girls?
   Answer:

5. How many out of every seven girls will marry before their 15th birthday?
   Answer:

6. Women produce 90 percent of the world’s food, but how much per cent of the farmlands do they own?
   Answer:

7. How much money do half of the world’s population live on every day?
   Answer:

8. How many million people does the United Nations estimate is living with HIV today?
   Answer:

9. As you read this question, how many children will die from starvation under the age of 5?
   Answer:

The answers will be revealed in the next Newsletter!

Ms Dowling

MUSICAL EVENTS

SINGING CONCERT
WEDNESDAY, 7TH NOVEMBER, 6.30PM, LIBRARY
A free concert for parents, family and friends of students who have singing lessons at the school. Presented by Sally McKenzie.

REGIONAL JUNIOR BANDFEST
THURSDAY, 8TH NOVEMBER
Year 8 students and selected Year 7 music students will have the opportunity to participate in a regional band rehearsal comprising of many students from local secondary colleges. They will participate in a workshop followed by a recording session of the pieces completed.

JUNIOR INSTRUMENTAL CONCERT, 6.30PM, THE SHED
THURSDAY, 6TH DECEMBER
An end of year instrumental concert featuring students from Year 7 and Year 8. Students will play solo and ensemble works, demonstrating their progress on their instruments throughout the year. Parents, family and friends are welcome to attend. No charge.

Sue Schueler, Music Director

SECOND-HAND UNIFORM SHOP
The Second-Hand Uniform Shop will be open on Thursday, 8th November, 9.30am - 11.00am at the front office

NARRE WARREN – BERWICK BLUE LIGHT DISCO
Date: Saturday, 3rd November 2012
Time: 6.30pm – 10.00pm
Venue: Berwick Leisure Centre
Manuka Road Berwick
Cost: $10.00 entry
For Students in Years 4,5,6,7 & 8 only
Any enquiries to Narre Warren Police Station
Tel 9705 3111