



IMPORTANT DATES TO NOTE

Tuesday 4 th November	- Melbourne Cup Day, Public Holiday		- Year 9 Exams (24-25/11)
Wednesday 5 th November	- Year 9 Film Excursion (2 classes to ACMI)	Monday 24 th November	- Year 11 →12 Transition (24/11-05/12) - Year 10 →11 Transition (24/11- 05/12) - Music Singing Concert, 7.00pm library
Thursday, 6 th November	- Year 8 Humanities/LOTE excursion zoo (8H,I,J,K,L,M))	Wednesday 26 th November	- Year 7, 2015 Information Night, 7.00pm - VCE Second Hand Book Sale (26-27/11)
Friday 7 th November	- Year 10 Fashion Design Excursion NGV	Tuesday 2 nd December	- Year 7, 2015 SEAL Orientation Day
Monday 10 th November	- Year 9 Outdoor Education Camp (11-14/11)	Wednesday 3 rd December	- Instrumental Music Concert, 6.30pm
	- Year 8 Humanities/LOTE excursion zoo (8A,B,C,D,E,F,G)	Thursday 4 th December	- Orientation Day, 2015 Integration Students
Monday 17 th November	- Year 11 & 10 exams (17-21/11) - Orientation Day for 2015 students from small feeder schools	Friday 5 th December	- Music Excursion (selected students)
Thursday 20 th November	- Year 7E & 7J Excursion to Vic Space Centre	Tuesday 9 th December	- Year 7, 2015 Orientation Day

COLLEGE PRINCIPAL'S REPORT

ATTENDANCE

A reminder that Monday, 3rd November 2014 (the day before Melbourne Cup Day) is a school day and all students are expected to attend school. If your child does not attend, they must bring a note of explanation and give it to their Home Group teacher on Wednesday 5th November 2014.

FREE DRESS DAY

Wednesday 29th October 2014 was a Free Dress Day for students. Students raised \$1612.45, which will go to the State Schools Relief Fund.

EXAMS

The examination period began on Wednesday 29th October 2014 with the VCE Unit 3/4 English and English as an Additional Language exams being held. Students in Years 9 to 11 will begin their exams during November. The Exam Navigator will be distributed to students shortly. This will include timetables for the exam period as well as expectations and guidelines. As students are preparing for their exams they should use some or all of the following strategies:-

1. Get A Good Night's Sleep

Memory consolidation occurs during your deep sleep at night and a good night's sleep can help you feel awake, alert and energised the following day. You will need a minimum of eight hours sleep or risk waking up feeling lethargic, groggy and stressed.

2. Get Active

If you have time to do so, go for a 15 minute brisk walk in the morning to get the blood pumping. The cold morning makes you more alert. If you can't, try a slightly colder shower in the morning.

3. Have A Healthy, Nutritious Breakfast

Breakfast is the meal that "breaks the fast" of dinner to the morning meal. Breakfast is such an important meal to set you up for a big day. Look for some fruit and yoghurt or breakfast cereal that is low G.I. (Glycaemic Index). This will give you the long lasting energy you need to perform well in the exams. Sugar, chocolates etc does not give you long lasting energy.

4. Drink At Least 500ml Of Water First Thing In The Morning

You will wake up dehydrated from the previous night's sleep and dehydration is one of the most easily avoided concentration killers. Stay hydrated during the exam by taking small sips of water from your drink bottle.

5. Check That You Have All Your Materials Ready The Night Before The Exams

If you are unsure of what to bring make sure you check with your teacher in the days before the exams. Make sure that you have included plenty of pens, pencils, erasers, put new batteries in your calculator, etc.

6. Use Exam Reading Time To Develop Your Writing Strategy

Use the reading time effectively and plan in your mind which questions you will start with and how you will start your answers.

Sue Peddlesden, Adele Duffy, Kathie Toth & Paul Thorne

ATTENTION PARENTS OF 2015 YEAR 7, 10 & VCE STUDENTS

1-1 COMPUTER PROGRAM



The 1-1 Computer Program rollout is well under way with many of our parents already ordering the new computers in preparation for next year. If you require more information about the 1-1 Computer Program please visit the Gleneagles website and follow the links to the 1-1 Computer Program for details. Some questions have been received from parents regarding the delivery dates for the computers. If the order was placed between Monday 6th October and Friday 17th October 2014 the computer will be available for pick up Tuesday 16th December 2014 (4.00pm-7.00pm only) for surnames beginning A-K only. Or for surnames L-Z the computers will be available to collect on Wednesday 17th December 2014 (4.00pm-7.00pm only) from Gleneagles Secondary College.

A reminder also that the portal window closes on Friday 31st October 2014 for guaranteed delivery of computers for Wednesday 21st January 2015 (from 2.00pm-6.00pm only to coincide with the booklist collection at Gleneagles Secondary College). **Please be aware that orders placed after Friday 31st October 2014 may not be received until after the start of Term 1, 2015.** Please note some parents may qualify for the Schoolkids Bonus of \$800, half of which will be available in January 2015 and the second \$400 at mid-year. Parents can use the payment option and spread the costs over 2015. **In the case of genuine financial hardship, parents should contact the school and speak with either Maxine Foster, (Student Wellbeing Coordinator) or Sue Quinn (Business Manager) to access information on available agency programs – qualification for these programs is likely to require a Health Care Card.** If there are any questions or concerns about the program please contact Mr Heath McGregor: - mgregor.heath.c@edumail.vic.gov.au or ask students to visit the Leading Teachers office.

Mr McGregor, Leading Teacher, ICT, Science, PE

MOBILE PHONE DRIVE TO HELP SAVE GORILLAS



One of the biggest threats to gorillas is the illegal mining of coltan, a mineral used in many mobile phones. Mining results in the clearing of essential habitat and drives the bush meat trade, further exacerbating the decline of primate populations.

Zoos Victoria, partnered with the Jane Goodall Institute, is committed to raising awareness of this connection between the demise of gorillas and increase in mobile phone production. Let's take action! Year 8 Humanities will be leading a mobile phone drive. It's easy, just bring any old, unused or broken mobile phones to the Humanities staffroom by 9th November 2014 and drop them in the gorilla box. This is your opportunity to contribute towards the conservation of Africa's primate species simply by donating unused mobile phones.

Ms Winding and Ms Vordonas

CAREERS NEWS

Work Experience For Year 10, 2015 Students

Current Year 9 students should be actively looking for a Work Experience placement for next year. Guidance was provided during Year 9 Careers week in July. If you need help or a copy of the official work experience form, please see Chris in the Careers office. Many employers require a resume, interview or sometimes a selection test or written application for work experience. Talk to your friends, family and relatives about their jobs and work places. Work Experience is a compulsory part of the Year 10 Curriculum.

Careers Appointments

Any Gleneagles student can request a one-one career interview to discuss your study and career options for the future or to get advice on finding a job and writing a resume. Just visit the Careers office and book an appointment with Chris Wood. The Careers library has lots of information about trades and apprenticeships, work experience, courses at University, TAFE and private Colleges including interstate and overseas.

Here are some resources to help you if you want to do some career investigation on your own:

Trade, TAFE and apprenticeships: <http://www.myskills.gov.au/>

My future: <http://www.myfuture.edu.au/>

Not sure what to study? Play the Career box game: <http://www.bhtafe.edu.au/courses/Pages/careerbox.aspx>

Australian Defence Force Information Sessions

November sessions at the Defence Force Recruiting centre, 6.00pm – 7.00pm. Venue: 4/501 Swanston St, Melbourne.

Photo ID is required for entry. Book your set at CPTVIC@dfrc.com.au 5th November, Aviation.

- 12th November - Defence University Sponsorship
- 13th November - One year roles
- 18th November - Technical Trades
- 19th November - Royal Military College
- 25th November - Army Reserve
- 26th November - Women in Defence
- 27th November - Engineering

Coffee And RSA Courses

Improve your job prospects to find work in a cafe or restaurant and complete a short course in coffee making. Chisholm Institute of TAFE is running a Barista coffee course on Saturday 15th November, cost is \$116 time 1.00pm-5.00pm.

If you are aged 17 years and 9 months, you can also study the 'Responsible Service of Alcohol RSA' course at Chisholm. It is also on Saturday 15th November, 8.30am-12.30pm. Cost is \$85. Enquiries enquiries@chisholm.edu.au or phone 9238 8555.

Chris Wood, Careers Co-ordinator